


Speak Up and be Safe from Abuse - Key Word Sign

Read each description carefully, to help you interpret the illustration.

The illustrations show the right hand as the dominant hand.

If you are left handed, use your left hand as the dominant hand.


These can be used with other communication aids in the Speak Up and be Safe from Abuse toolkit.



Help
Place dominant hand bent at third knuckles, palm down, onto non-dominant palm. Or may place dominant hand onto non-dominant hand, palms together. Move formation towards who is being helped/needs help.




Push
Place both open hands at shoulder height, palms facing away from body. Simultaneously push both hands forward. (Natural Gesture).



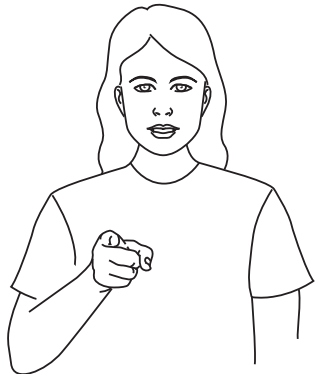
Pull
Hold dominant fist in front of body, palm in. Pull back towards body. (Natural Gesture).



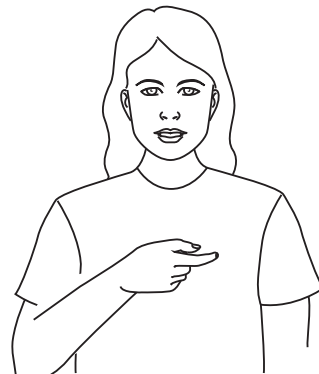
Hurt (sore)
Shake open dominant hand, fingers spread, twice in front of body or over location of pain.



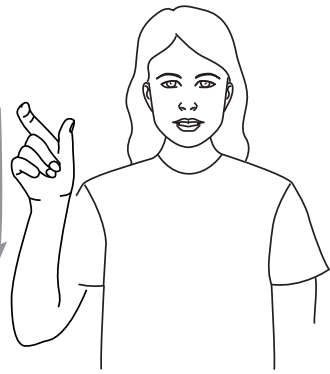
Worried (unsafe)
Extend and crook dominant index finger. Twist this formation near temple of same side.



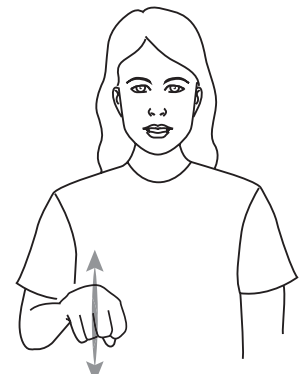
You
Point extended dominant index finger forward or toward person. (Natural Gesture).



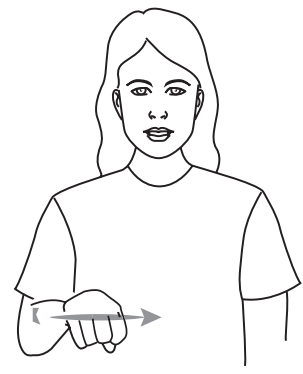
Me
Point to self using extended dominant index finger. (Natural Gesture).



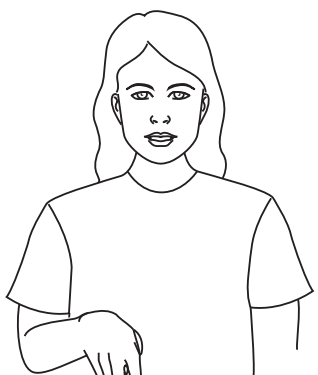
Person
Make a "C" with dominant index and thumb. Hold in front of body on dominant side, palm facing forward. Move formation downwards from shoulder height.




Yes
Shake dominant fist, palm down, up and down from the wrist, twice.



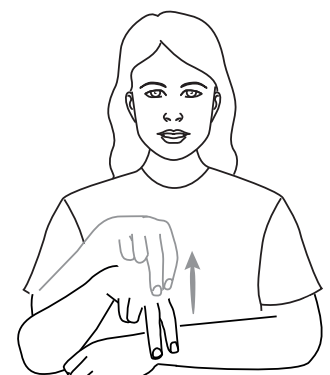
No
Shake dominant fist, palm down, sideways in front of body, twice.



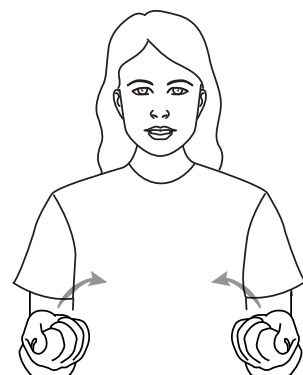
Here
Point dominant index finger downwards in front of body, palm down. (Natural Gesture).



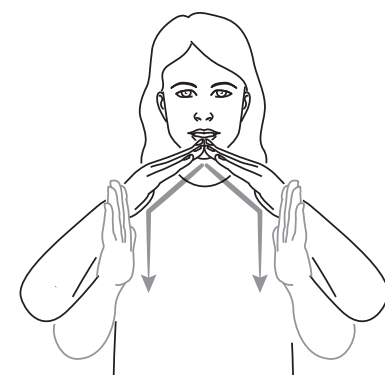
There
Point dominant index finger away from body, palm down. (Natural Gesture).



Police
Extend dominant index and middle fingers and thumb, and place around non-dominant wrist. Trace tips of this formation across back of non-dominant wrist with slight upward movement (like handcuffs).



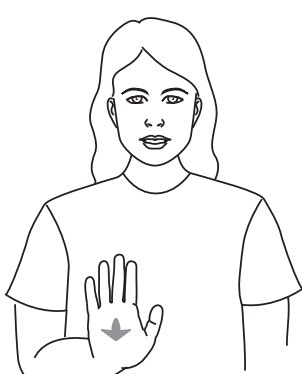
Bus
Form fists with both hands, palms up - move as if driving a bus. (Natural Gesture).



House
Open both hands, place tips of index and middle fingers together then move fingertips apart to trace the roof and walls of a house.




Quiet (shh)
Point dominant index finger and rest in front of lips. (Natural Gesture).




Stop
Move open dominant hand forward, palm away from body, from shoulder height. (Natural Gesture).




Talk
Move tip of extended dominant index finger forward away from your mouth.



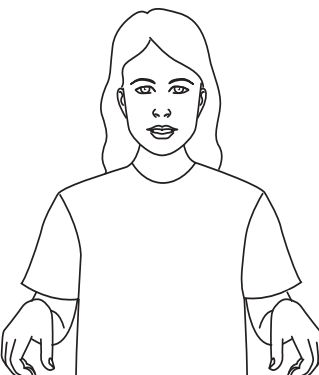
Forget
Close finger tips of dominant hand onto ball of thumb and place formation on temple. Flick formation open while moving away from head.




Remember
Slightly open and close dominant fist, palm away on forehead of same side, twice.



Computer
Cup dominant hand, palm facing away from body. Hold open non-dominant hand in front of body, fingers pointing upwards. With thumb edge of dominant hand contacting non-dominant palm, move in circle, twice.



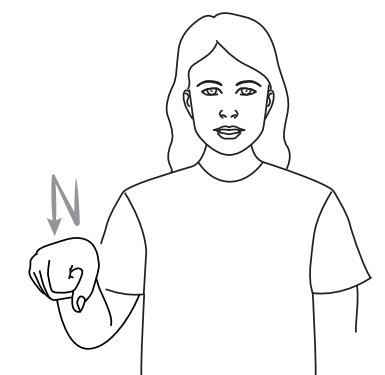
Wheelchair
Mime pushing wheelchair wheels - propelling movement with both arms. (Natural Gesture).



Money
Extend thumb from fist of dominant hand, palm down. Hit formation twice into relaxed non-dominant palm.



Phone (mobile)
Use index finger of dominant hand to swipe or tap on non-dominant palm. Or place cupped dominant hand, palm facing in, to side of face near mouth. (Natural Gesture).



Bag
Hold dominant fist at waist height. Move formation up and down, twice. (Natural Gesture - use mime to indicate carrying other types of bags e.g. backpack).