Speak Up and be Safe from Abuse Communication board Actions - board 1 of 3

Instructions - This communication board set has a picture board, alphabet board, female and male body boards.
Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters.
If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Abuse about sexuality
Financial abuse
Psychological/emotional abuse
Neglect
Abuse about your religion
Drunk
Trap
Steal
Follow
Hold down
Threaten
Force feed
Putting on the breaks
Hit
Burn
Pinch skin
Choke
Handled rough
Kick
Beat/punch
I’ll spell it - show me the alphabet board
It’s not on this board
Turn over
No
Yes
Speak Up and be Safe from Abuse Communication board Actions - board 2 of 3

Instructions - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Sex
Kiss
Cuddle
Lick
Poke
Slap
Attack
Accidental
On purpose
Restraint
Given the wrong medication
Not given medication
Given too much medication
Not given food
Not given drinks
Touch
Fall over
Could not use the toilet
Sleazy
Ignore
I'll spell it - show me the alphabet board
It's not on this board
Turn over
No
Yes
Speak Up and be Safe from Abuse Communication board Actions - board 3 of 3

Instructions - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Bully
Get dressed
Get undressed
Put on
Take off

Intimidate
Break things
Locked away
Shower
Pushed against

Someone heard
Someone saw
Being lied to
Sexting
Cyber bullying

Swear
Look
Playing sport
Reviewing plan
Watching TV

I’ll spell it - show me the alphabet board
It’s not on this board
Turn over
No
Yes
How to use the boards

Place/hold the boards where I can see it/point to it.

**Direct access** - The person will turn the pages and point to the relevant pictures in these boards.

**Supported, direct access** – You turn the pages and the person points to the relevant pictures, letters, numbers and words in these boards.

**Indirect access**
- Look where the person is looking on the boards.
- Ask the person row by row where the word is. When the person indicates “yes”, ask the person column by column where the message is.

Give the person extra time to answer questions.
If the person can spell, get the alphabet board (ABC or QWERTY). This may help with specific information, such as names.

**How to start the conversation**

“I’ve noticed you...” (e.g. seem unhappy, not sleeping well, not eating) or “You asked to talk about something, what has happened?”

Ask open-ended questions. For example, “What happened? / Tell me more”

Confirm with simple yes/no questions. “You told me – at home – is that correct”.
Summarise/repeat to check if you have understood correctly.

Speak in short sentences. Talk about one idea at a time.
If the person struggles to initiate, you may need to specifically ask for information from each set of the boards, e.g. Actions, places, people, etc. Only use this method if the person is unable to spontaneously provide the information.

**Offer support to the person**

“Do you feel safe?” “What can I do to help you feel safe?” “What would you like me to do next?”

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