

# Speak Up and be Safe from Abuse Communication board Actions - board 1 of 3

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Abuse about sexuality 	Financial abuse 	Psychological/emotional abuse 	Neglect 	Abuse about your religion 
Drunk 	Trap 	Steal 	Follow 	Hold down 
Threaten 	Force feed 	Putting on the breaks 	Hit 	Burn 
Pinch skin 	Choke 	Handled rough 	Kick 	Beat/punch 
I'll spell it - show me the alphabet board 	It's not on this board 	Turn over 	No 	Yes 



# Speak Up and be Safe from Abuse Communication board Actions - board 2 of 3

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Sex

Kiss

Cuddle

Lick

Poke

Slap

Attack

Accidental

On purpose

Restraint

Given the wrong medication

Not given medication

Given too much medication

Not given food

Not given drinks

Touch

Fall over

Could not use the toilet

Sleazy

Ignore

I'll spell it - show me the alphabet board

It's not on this board

Turn over

No

Yes



# Speak Up and be Safe from Abuse Communication board Actions - board 3 of 3

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Bully

Get dressed

Get undressed

Put on

Take off

Intimidate

Break things

Locked away

Shower

Pushed against

Someone heard

Someone saw

Being lied to

Sexting

Cyber bullying

Swear

Look

Playing sport

Reviewing plan

Watching TV

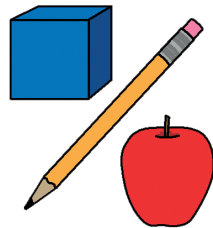
I'll spell it - show me the alphabet board

It's not on this board

Turn over

No

Yes



# Speak Up and be Safe from Abuse Communication board Things - board 1 of 2

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Food

Drinks

Alcohol

Lollies/sweets

Drugs

Cigarettes

Clothes

Jewellery

Bag

Book

Car

Wheelchair

Tray

Head rest

Communication device

Presents

Money

Bank account

Gun

Knife

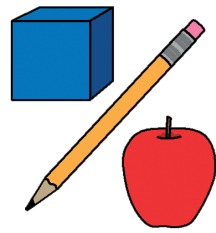
I'll spell it - show me the alphabet board

It's not on this board

Turn over

No

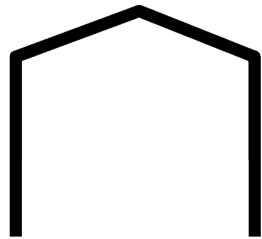
Yes



# Speak Up and be Safe from Abuse Communication board Things - board 2 of 2

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

<p>Internet</p>	<p>Email</p>	<p>Social media</p>	<p>Mobile phone</p>	<p>Telephone</p>
<p>TV</p>	<p>DVD player</p>	<p>Games</p>	<p>Wallet/purse</p>	<p>Toys</p>
<p>Make up</p>	<p>Chair</p>	<p>Bed</p>	<p>Bed rails</p>	<p>Change table</p>
<p>Door</p>	<p>PEG</p>	<p>Hoist/sling</p>	<p>Commode chair</p>	<p>Leg brace/splint</p>
<p>I'll spell it - show me the alphabet board</p>	<p>It's not on this board</p>	<p>Turn over</p>	<p>No</p>	<p>Yes</p>



# Speak Up and be Safe from Abuse Communication board Places - board 1 of 2

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

Bedroom

Kitchen

Lounge room

Bathroom

Dining room

Office

Other room

Inside

Outside

Garage

Park

Street

City

Beach

Country

School

Church

Hotel

Pub

Work

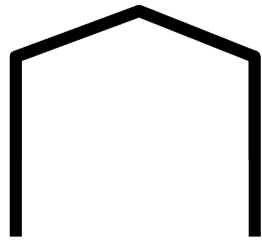
I'll spell it - show me the alphabet board

It's not on this board

Turn over

No

Yes



# Speak Up and be Safe from Abuse Communication board Places - board 2 of 2

**Instructions** - This communication board set has a picture board, alphabet board, female and male body boards. Place the boards on a flat surface or hold where the person can see it/point to it. The person will point to pictures or letters. If the person cannot point - ask row by row, and then column by column, to find out the message. There is a place to draw/write on the alphabet boards. If you need more words, use the Speak Up and be Safe from Abuse Communication Book.

<p>Police station</p>	<p>Doctor's clinic</p>	<p>Hospital</p>	<p>Cinema</p>	<p>Bowling</p>
<p>Shopping centre</p>	<p>Disability service</p>	<p>Public transport</p>	<p>Car</p>	<p>Taxi</p>
<p>Communication Rights Australia</p>	<p>Centre Against Sexual Assault (CASA)</p>	<p>Office of the Public Advocate</p>	<p>Victorian Ombudsman</p>	<p>Home</p>
<p>Here</p>	<p>There</p>	<p>Online</p>	<p>Group home</p>	<p>Somewhere else</p>
<p>I'll spell it - show me the alphabet board</p>	<p>It's not on this board</p>	<p>Turn over</p>	<p>No</p>	<p>Yes</p>

## How to use the boards

Place/hold the boards where I can see it/point to it.

**Direct access** - The person will turn the pages and point to the relevant pictures in these boards.

**Supported, direct access** – You turn the pages and the person points to the relevant pictures, letters, numbers and words in these boards.

### **Indirect access**

- Look where the person is looking on the boards.
- Ask the person row by row where the word is. When the person indicates “yes”, ask the person column by column where the message is.

Give the person extra time to answer questions.

If the person can spell, get the alphabet board (ABC or QWERTY). This may help with specific information, such as names.

### **How to start the conversation**

“I’ve noticed you...” (e.g. seem unhappy, not sleeping well, not eating) or “You asked to talk about something, what has happened?”

Ask open-ended questions. For example, “What happened? / Tell me more”

Confirm with simple yes/no questions. “You told me – at home – is that correct”.

Summarise/repeat to check if you have understood correctly.

Speak in short sentences. Talk about one idea at a time.

If the person struggles to initiate, you may need to specifically ask for information from each set of the boards, e.g. Actions, places, people, etc. Only use this method if the person is unable to spontaneously provide the information

### **Offer support to the person**

“Do you feel safe?” “What can I do to help you feel safe?” “What would you like me to do next?”

### Record sheet

Use the Speak Up and be Safe from Abuse record sheet to record information about your conversation.

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Produced by Scope’s Communication & Inclusion Resource Centre 2016 [www.scopeaust.org.au](http://www.scopeaust.org.au)

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